



	Monday	Tuesday	Wednesday	Thursday	GREEK Friday
Bread / Cheese	Freshly baked bread, and a selection of cheeses will be available daily				
Soup	Spinach & Cheese	Leek & Paprika	Carrot & Cumin	Classic Tomato	Aubergine & Courgette
Salad Bar	A wide selection of homemade salads are available from the salad bar				
Main Meals	Roasted Sausages	Beef Stew	Roast Turkey	Pork & Onion Pie	Classic Moussaka
	Red Pepper Chicken Stew	Chicken Escalope in Tomato Sauce	Baked Spanish Fish	Breaded Fish Filet	Baked Fish "Greek Style"
Vegetarian	Vegetable Quiche	Vegetables Gratin	Onion Omelette	Herb & Tomato Tart	Stuffed Peppers
Side dishes	Couscous Roast Courgettes	Roast Potatoes French Beans	Lentils Green Peas	Pasta Spinach	Plain Rice Green Beans, Aubergine
Dessert	Cake Of The Day	Yoghurt and fruit	Cake of the Day	Yoghurt and fruit	Cake of the Day
Yoghurt / Fruit	A selection of homemade yoghurt, dessert pots and fruit pots, plus whole seasonal fresh fruit				

The main courses in red above are those served to the GSM and CP pupils
Catering by Holroyd Howe for CFBL