



	Monday	Tuesday	Wednesday	Thursday	ITALIAN Friday
Bread / Cheese	Freshly baked bread, and a selection of cheeses will be available daily				
Soup	Asparagus & Red Onion	Potato & Leek	Red Pepper & Tomato	Spinach & Curry	Peas & Carrot
Salad Bar	A wide selection of homemade salads are available from the salad bar				
Main Meals	Chicken & Oregano	Mince Lamb & Root Vegetables	Chipolatas Sausage	Roast Chicken	Classic Bolognese
	Roast Bacon in Mustard Sauce	Fish Cake	Dice Beef Stew	Catch Of The Day	Classic Carbonnara
Vegetarian	Leek & Cheese Quiche	Vegetable Burger	Courgette & Mushroom Feuillete	Tomato cheese Frittata	Arrabiata pasta
Side dishes	Couscous & Steamed Carrots	Pilaf Rice & Roast Vegetable	Lentils & Ratatouille	French Fries & Baked Beans	Pasta & Green Beans
Dessert	Cake of the day	Yoghurt and fruit	Cake of the Day	Yoghurt and fruit	Cake of the Day
Yoghurt / Fruit	A selection of homemade yoghurt, dessert pots and fruit pots, plus whole seasonal fresh fruit				

The main courses in red above are those served to the GSM and CP pupils  
Catering by Holroyd Howe for CFBL