



	Monday	Tuesday	Wednesday	Thursday	ITALIAN Friday
Bread / Cheese	Freshly baked bread, and a selection of cheeses will be available daily				
Soup	Red Onion & Paprika	Sweet Potato & Leek	Peas & Mint	Watercress & Cream	Classic Minestrone
Salad Bar	A wide selection of homemade salads are available from the salad bar				
Main Meals	Pork Sausage stew	Breaded Chicken Escalope	Roast Bacon in Mustard Sauce	Chipolatas Sausage	Beef Lasagna
	Diced Beef Stew	White Fish Marmite	Cheese Omelette	Sautéed Chicken	Fish Lasagna
Vegetarian	Courgette Galette	Sweetcorn & Spinach Gratin	Tomato & Aubergine Tart	Leek & Cheese Quiche	Vegetarian Lasagna
Side dishes	Couscous & Glazed Carrots	Pilaf Rice & Baked Beans	Pasta & Green Peas	Lentils & green beans	Green Salad Roast Zucchini
Dessert	Cake of the Day	Yoghurt and fruit	Cake of the Day	Yoghurt and fruit	Cake of the Day
Yoghurt / Fruit	A selection of homemade yoghurt, dessert pots and fruit pots, plus whole seasonal fresh fruit				

The main courses in red above are those served to the GSM and CP pupils

Catering by Holroyd Howe for CFBL